

EXACT LISTENING NEWS

LAST UPDATE: OCTOBER, 2002

For convenience, all issues of Exact Listening News are contained in this single PDF file.
As each new issue is released, it is appended to this file with continuing page numbers.
Graduates need only check the date above to make sure they have the current version.

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EXACT LISTENING NEWS

VOLUME I, NUMBER 1

WINTER-SPRING, 2001

-PREMIERE ISSUE-

MISSION STATEMENT

The mission of Exact Listening News is to foster the use, development, and improvement of the Exact Listening and Conscious Communication techniques by facilitating communication between and among the Exact Listening Trainers Association (ELTA) and its members.

While the News will be used to keep members current on Association developments and answer member questions, it will also focus on the experience of members.

Members are encouraged to submit articles that describe their experience using Exact Listening and Conscious Communication techniques. ELTA will be strengthened by the shared insights of its experienced practitioners. The News is a forum for members to share what they have learned through their own practical experience.

THE ONLY TWO THINGS

THE NEW STUDENT HAS TO REMEMBER

Here's a tip that helps new students adjust to the exercise more quickly. Trainers are encouraged to mention this tip in class, as it is not in the current edition of the manual.

There are really only two things the student has to remember.

1. Once the exercise has begun, any time the guide says either "Start" or "Good," the student's response is always "Read something."

Whenever the guide says "Start," you're either beginning the exercise for the first time that session, or you're coming off of a break in the exercise. Either way, the next step for the student is always to ask the guide to read something.

When the guide says "Good," it means the student got that string of words correct, in which case the response is always, "Read something." You aren't on a break. You're just continuing by starting a new cycle.

That's the first thing you have to remember as a student. Once the exercise has started in that session, whenever the guide says "Start" or "Good," you say "Read something."

2. When the guide is finished reading, the student says, "Thank you."

Those two simple things are all the student really has to remember. Everything else the student does is a natural and obvious response to something the guide does, such as asking "What did I say?" or saying "Break. What happened?"

Even when the Trainer mentions this tip in class, new students sometimes forget as they adjust to the exercise, so feel free to remind your student of it during a break if the student is having any trouble. Once you're certified to work with new students on your own, mention this to them before doing the exercise the first time.

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VOLUME I, NUMBER 2

SUMMER-FALL, 2001

WHAT THE NEW GUIDE HAS TO REMEMBER

Just there are only two things the new student really has to remember (see previous issue), there are only a few major points the new guide needs to keep in mind. This is a little more involved, since the guide's responses change depending on the student's responses, but it is still relatively uncomplicated.

Some actions follow naturally from what the student does. The new guide doesn't have to worry about remembering them. When the student says "Read something," for example, the guide simply does so. Other actions are initiated by the guide. In addition to the general note to follow the training session script and other instructions exactly, there are five major points:

1. Always initiate or resume the exercise by saying "Start."
2. When the student says "Thank you," the guide says only "What did I say?"
3. When the student repeats a string correctly, the guide says only "Good."
4. When the student misses a string, the guide says "Break. What happened?"
5. After the student says what happened, the guide says "Okay. Let's do that one again. Start."

There are few exceptions and other nuances, as indicated in the Exact Listening manual, but these are the essentials when first learning the exercise. When conducting a class, the Trainer should go over these points in class prior to new participants acting as guides. This page may be printed and distributed to students in class.

EXACT LISTENING NEWS

VOLUME II, NUMBER 1

WINTER-SPRING, 2002

MATERIALS FEE INCLUDES MANUAL & CD

At this time, there are still only a few places in the world with Certified Trainers. Most inquiries are from people who live far from a qualified teacher, so they have to learn the exercise on their own. To facilitate this, ELTA is now selling the manual and the "Exact Listening Reminders" CD as a package instead of sending the CD after a student has taken the class. The purpose of doing this is to help new students everywhere learn the exercise more effectively.

Instead of charging for the manual separately, then charging a Registration Fee for the class (which included the cost of the CD), the "Registration Fee" is being replaced by a "Materials Fee." This covers both manual and CD.

The student pays this fee to the Trainer at the time he or she enrolls in the course. The manual and CD are mailed to the student when payment is submitted by the Trainer along with the student's Registration Form.

If an individual cannot attend a class, or simply wishes to review the materials in advance, he or she may purchase the materials directly from the Exact Listening Trainers Association or from a Certified Trainer. He or she will receive a receipt which the student gives to the Trainer when he or she eventually takes the class. This receipt will exempt the student from paying the Materials Fee at the time of the class. The Trainer will indicate on the Registration Form that the Materials Fee has been waived and attach the receipt to the form when it is submitted to ELTA.

The amount of the Materials Fee is noted on the current version of the Registration Form and other places on ExactListening.Org. The Registration Form may be downloaded or printed from:

<http://www.exactlistening.org/trainers/regform.pdf>

MATERIALS DISCOUNT FOR CERTIFIED TRAINERS

Certified Trainers who wish to have materials on hand and sell materials directly to students may purchase materials at a 20% discount when ordering at least five packages of materials at a time. The form for ordering multiple packages may be found in the "Trainers Section" at ExactListening.Org.

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PURCHASING MATERIALS OVER THE INTERNET

Exact Listening materials may be purchased by mail with a check or money order using the printable forms on the internet. Materials may also be ordered online using PayPal. PayPal is a payment service which allows individuals to send money to other individuals and businesses via the internet through a secure server. No one other than PayPal sees the sender's credit card or other banking information.

Just click on the PayPal button on the ExactListening.Org order pages. If you do not already have a PayPal account, you will be prompted to open one. It's quick and free. If you sign up through the Exact Listening Site, PayPal will give our nonprofit organization a small donation.

PayPal may be used to purchase multiple manual/CD packages at the Certified Trainers' discount as well as individual packages at the regular rate.

RENEWING ASSOCIATION MEMBERSHIP

Instead of mailing a check with the Renewal Form, Certified Trainers may use PayPal to renew their membership in ELTA and pay their annual dues.

<http://www.exactlistening.org/trainers>